

POLICIES AND GUIDELINES

1. No live ammunition shall be removed from any range.
2. Personnel issued a weapon must maintain positive control of that weapon unless placed under the direct supervision of a posted watch.
3. Do not fire blanks at targets (people) closer than 5 meters.
4. Berthing tents and barracks space are off limits to members of the opposite sex with the exception of camp support personnel and security personnel on official duties.
5. No smoking in berthing tents. Smoke only in designated areas.
6. Music playing devices may only be listened to with headphones in the berthing tents when off duty.
7. Waterbells are a water point only. No washing/brushing teeth at waterbells.
8. Open food items shall not be stored in berthing tents. MREs shall not be prepared or eaten in berthing tents.
9. Be aware of camp policies and procedures while visiting with your friends in common areas. Observe quiet hours between taps and reveille.
10. Open fires or flames of any kind are prohibited.
11. Closed toe shoes shall be worn to the shower. Shower shoes shall be worn in the shower.
12. The PT uniform may be modified by replacing the blue T-shirt with a brown T-shirt.
13. The following items are prohibited:
 - alcoholic beverages (no possession/no consumption)
 - civilian clothes
 - personal accessories. Sweatbands should be black, brown or olive drab.
 - knives, larger than 3" or non-folding
 - Drugs (non-prescription)
 - Personal cellular phones or beepers
 - TVs, VCRs, personal computers

EQUIPMENT

1. **PERSONAL EQUIPMENT.** All personnel are required to bring their large ALICE Pack and are authorized **ONE SEABAG** (Navy Issue) for their personal equipment and TOA. **Remember required gear and TOA take priority.**

a. **REQUIRED.**

Helmet, kevlar w/sweatband,	Military ID card
Chin strap, and cami cover	Cartridge belt
Gas mask w/case & canister	Pouch, magazine (2 each)
Soft Cover	Holster
Glasses if required	Magazines, pouch (M16/M9)
Belt w/buckle	Hearing protection
Canteen, w/cover (2 each)	Wheelbook and pen
Canteen cup	Belt, suspender
Weapons card(s)	Tag, ID (Dog Tags)
Alice pack	Undershorts(6)
Poncho w/liner	Socks, green or black(6)
Mosquito net	Boots, black(2)
E-tool w/cover	Boot polish/brush
Shirt, camouflage (3 min)	Towel bath(2)
Trousers, camouflage (3 min)	Wash cloth
Undershirts, brown (6)	Kit, mess
PT Gear	Sleeping bag and mat
Toiletry gear(Soap,toothbrush,etc.)	
Rain Gear, MOPP Gloves, and MCU2P inserts	

b. **OPTIONAL.**

Pre-paid phone card	Camel Back
Extra blousing straps	Extra glasses
Sunglasses, conservative	Insect and bug repellent
SCWS PQS books	Handkerchief
Batteries for Flashlight	Sun screen
Alarm clock	Foot powder
Skin lotion	Sewing kit
Baby wipes/waterless soap	Pocket knife/leatherman
Flashlight w/red lens	Cami paint